



DIABETES & OPHTHALMOLOGY BRIDGE

May 16-18, 2025

LUND UNIVERSITY - CLINICAL RESEARCH CENTRE (CRC) MALMÖ

MAY 16, 2025, FRIDAY

DIABETES FOCUS

08:15-08:30 OPENING CEREMONY

08:30-09:30 **SYNERGY IN CARE: DPP-4 INHIBITORS AND COMBINED THERAPEUTICS**
Moderator: Dr. Mustafa KANAT

08:30-09:00 DPP-4 with SGLT-2 Inhibitors
Speaker: Dr. Kubilay UKİNÇ

09:00-09:30 DPP-4 with Pioglitazone
Speaker: Dr. Oğuzhan DEYNELİ

09:30-10:00 **COFFEE BREAK**



10:00-11:00 **MASLD IN FOCUS: EARLY DETECTION, METABOLIC AND CARDIOVASCULAR IMPLICATIONS**
Moderator: Dr. Valeriya LYSENKO

10:00-10:30 Early Detection and Intervention
Speaker: Dr. Peter NILSSON

10:30-11:00 Metabolic and Cardiovascular Implications
Speaker: Dr. Kubilay UKİNÇ

11:00-11:30 **COFFEE BREAK**



11:30-12:30 **THE "OMINOUS OCTET" IN DIABETES: UNDERSTANDING DEFRONZO'S CONCEPT**
Moderator: Dr. Valeriya LYSENKO

11:30-12:00 The Pathophysiology of Type 2 Diabetes: DeFronzo's Insights
Speaker: Dr. Mustafa KANAT

12:00-12:30 Strategies to Address the "Ominous Octet" - Developmental Programming of T2D
Speaker: Dr. Allan VAAG

12:30-13:30 **LUNCH BREAK**



13:30-14:30 **TARGETED THERAPIES BASED ON THE "OMINOUS OCTET": COMBINATION TREATMENTS AND APPROACHES**
Moderator: Dr. Peter NILSSON

13:30-14:00 Personalized Medicine Approaches in Diabetes
Speaker: Dr. Valeriya LYSENKO

14:00-14:30 Optimizing Treatment Plans: Updates on Incretin and SGLT2 Therapies
Speaker: Dr. Allan VAAG

14:30-15:00 **COFFEE BREAK**



15:00-16:00 **CASE STUDIES AND INTERACTIVE Q&A ON THE "OMINOUS OCTET"**
Moderator: Dr. Kubilay UKİNÇ

15:00-15:30 Case Study on the Impact of Combination Therapy
Speaker: Dr. Jørgen RUNGBY

15:30-16:00 Open Forum Q&A on Optimizing Diabetes Therapies
Speaker: Dr. Jørgen RUNGBY

MAY 17, 2025, SATURDAY

OPHTHALMOLOGY FOCUS

09:30-10:30 **PRESERVATIVE-FREE GLAUCOMA TREATMENT & BRIMONIDINE**
Moderator: Dr. Kivanç GÜNGÖR

09:30-10:00 In EGS Guideline Glaucoma Treatment
Speaker: Dr. Carin GUSTAVSSON

10:00-10:30 Preservative-Free Brimonidine
Speaker: Dr. Tekin YAŞAR

10:30-10:45 **COFFEE BREAK**



10:45-11:45 **MULTIDOSE CYCLOSPORINE & EFFICACY OF TOPICAL TREATMENT IN DRY EYE DISEASE**
Moderator: Dr. Kivanç GÜNGÖR

10:45-11:15 The Efficacy of Topical Treatment in Dry Eye
Speaker: Dr. Özlem EVREN KEMER

11:15-11:45 Multidose Cyclosporine
Speaker: Dr. Özlem EVREN KEMER

11:45-12:45 **LUNCH BREAK**



12:45-13:45 **EYE DISEASE MANAGEMENT IN DIABETIC PATIENTS**
Moderator: Dr. Carin GUSTAVSSON

12:45-13:15 Latest Techniques in Diabetic Eye Disease Management
Speaker: Dr. Oliver Niels KLEFTER

13:15-13:45 Preventive Care Strategies for Diabetic Retinopathy
Speaker: Dr. Carin GUSTAVSSON

13:45-14:00 **COFFEE BREAK**



14:00-16:00 **BEST PRACTICES IN OPHTHALMOLOGY CLINICS**
Moderator: Dr. Tekin YAŞAR

14:00-14:30 Clinic Management and Patient Care Optimization
Speaker: Dr. Özlem EVREN KEMER

14:30-16:00 Case Reviews
Speaker: Dr. Kivanç GÜNGÖR

MAY 18, 2025, SUNDAY

DIABETES AND RATIONAL DRUG USE

09:00-10:00 **RATIONAL DRUG USE IN DIABETES**
Moderator: Dr. Kubilay UKİNÇ, Dr. Sadek NAZAR

09:00-09:30 Optimizing Dosage for Diabetic Medications
Speaker: Dr. Hamit YILDIZ

09:30-10:00 Improving Patient Compliance and Treatment Adherence
Speaker: Dr. Oğuzhan DEYNELİ

10:00-10:30 **COFFEE BREAK**



10:30-11:30 **INTEGRATED CARE FOR DIABETES AND OPHTHALMOLOGY: A PANEL DISCUSSION**
Moderator: Dr. Sophio BERIDZE

10:30-11:00 Multi-Disciplinary Approaches to Patient Care
Speaker: Dr. Kubilay UKİNÇ

11:00-11:30 Case-Based Discussions and Q&A
Speaker: Dr. Mustafa KANAT

11:30-12:30 CLOSING REMARKS AND REFLECTIONS ON RATIONAL USE IN PRACTICE